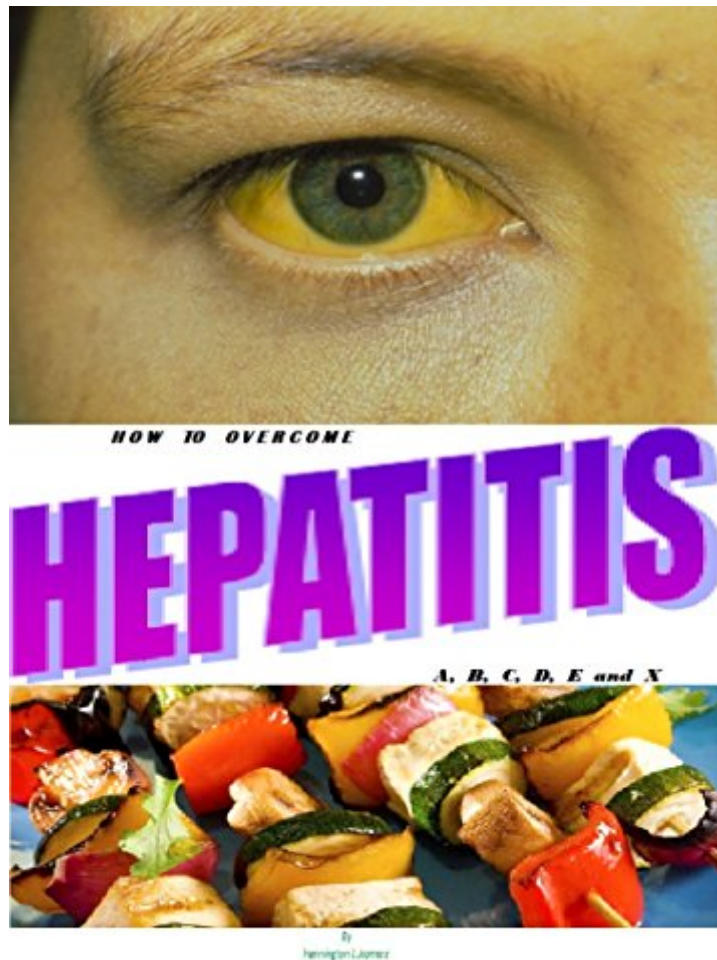




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# HEPATITIS: HOW TO OVERCOME HEPATITIS (A, B, C, D, E, AND X).



## Synopsis

Hepatitis is basically inflammation of the liver cells. The liver is the largest internal body organ and when it's in a healthy state it's reddish brown in color and weighs approximately 1.36kg. A healthy liver will control blood glucose, detoxify the blood, produce body hormones, produce bile and other digestive juices, produce urea, decompose red blood cells, store glycogen, produce cholesterol, and stores vitamins, among many other functions. When infected these functions will not be attended to and the human body will suffer terrible consequences. The liver is central to our health because it changes the food we eat into the energy we need in order to live comfortably. If you want to learn all about Hepatitis and quicken your healing or management process with clinical and home treatment in order to cure it, then this book is for you! Hepatitis is an infectious disease mainly caused by a virus that attacks the DNA of your body's cells. It can occur with or without symptoms in some individuals for some time until the infection becomes life threatening. It's therefore important to diagnose it early so as to prevent further complications and begin treatment measures. However, there is no single treatment for the condition and viruses are difficult to destroy, it is important to get a proper diagnosis from your doctor and commence treatment immediately after, because delaying this process can worsen the condition. This book is designed to help you know how to prevent, diagnose, manage and Hepatitis in all its forms. It also offers you a good selection of recipe to enable the liver get quick recovery and also equip it with good protection from viral and bacteria infection. In this book you have sufficient information to understand, effectively manage, and successfully manage hepatitis so that you never have to worry about it again. Here is a preview of what you'll learn... The book is divided into the following sub sections and chapters to enable you go to the actual desired subject directly; • Types of Hepatitis • Hepatitis A • Hepatitis B • Hepatitis C • Hepatitis D • Hepatitis E • Hepatitis X • Other causes of Hepatitis or Liver inflammation. • How Hepatitis is Diagnosed • General Symptoms of Hepatitis • Management and Treatment of Hepatitis • Ways to Prevent Hepatitis • Major Dietary Considerations for Hepatitis Patients. • Foods to Avoid if you Suffer From Hepatitis • Other Normally Overlooked Inappropriate foods • Recommended Recipes for Hepatitis Patients

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